

**INSIGHT DYNAMICS, LLC**  
**Terms of Service & Privacy Policy**

**General Acknowledgment**

Before beginning work with Insight Dynamics, LLC, please review this Terms of Service and Privacy Policy to learn about working with Insight Dynamics, LLC, and its methods, approach, and business policies. Insight Dynamics, LLC will not be able to work with any clients until and unless this Terms of Service & Privacy Policy has been received by Insight Dynamics, LLC. By using the website and/or the services you accept these Terms of Service, including any additions or changes we may make from time to time. Please understand that any professional relationship that you enter will be with Insight Dynamics, LLC, and not with Jessica Thayer personally.

**Qualifications**

Although drawing on years of formal training, the work Jessica Thayer currently does for Insight Dynamics, LLC is an innate gift that has been honed through years of energy work, body work, and other experiential modalities. Jessica Thayer has been working in private practice with bright, gifted, and sensitive individuals since 1990. Jessica Thayer received a B.A. in Psychology and Philosophy from Pomona College in 1980 and received certification as an Educational Kinesiologist in 1993. Other areas of her study and training include environmental psychology, environmental studies, art therapy, play therapy, and sensory integration.

**Methods and Approach**

Through Insight Dynamics, LLC, Jessica Thayer works with clients who tend to be sensitive and gifted. Her work consists of verbalizing subtle emotional, mental, energetic, spiritual, and physical themes of a place or person. The goals of Insight Dynamics, LLC's work include identifying conflicts preventing the clear communication of a business identity or the aligned experience of a place, and providing tools to enhance effective communication and the conscious relationship to physical spaces.

**Disclaimer, Limitation of Liability, and Indemnification.**

It is important to understand that Insight Dynamics, LLC and Jessica Thayer do not and cannot diagnose, treat or cure any physical, mental or emotional health conditions, and we make no promises, claims, warranties or guarantees of such. At any time in the work Jessica Thayer may suggest that other types of support or consultation might be valuable but it is your responsibility to confer with your healthcare providers to determine whether and what medical or psychological care is appropriate for you. Jessica Thayer is not responsible for your seeking any such help, nor for the quality of these resources or the results. You agree that you are solely responsible for seeking and/or continuing with any necessary medical, psychological, or other professional care and you agree not to use or rely upon any information Insight Dynamics, LLC and Jessica Thayer provide to heal, cure, or relieve suffering from any injury, deformity, or disease.

Neither Insight Dynamics, LLC nor any of its employees, agents, or affiliates are licensed physicians, psychiatrists, psychologists, health care providers, counselors, architects, landscape architects, real

estate brokers, building contractors, engineers, appraisers, inspectors, accountants or lawyers. The website and the services are provided for educational and informational purposes only, and should not be used as a substitute for consultation, advice, evaluation, or treatment by qualified and licensed professionals who, unlike the directors and staff of Insight Dynamics, LLC, can provide substantive and other information that may be relevant to your decision-making process. Insight Dynamics, LLC encourages you to meet with any and all such professionals and individuals to obtain all information that is relevant to the decision that you will be making, and you agree to accept all responsibility for losses that may arise due to the negligence, actions, or omissions of such professionals, individuals, or entities, or for losses that may arise due to your failure to consult with such professionals, individuals, or entities.

Insight Dynamics, LLC will use its best efforts to work with you if it is appropriate, but Insight Dynamics, LLC does not guarantee or warranty that its website or its services will meet your objectives and goals. Insight Dynamics, LLC will assist your decision-making process, but please understand that Insight Dynamics, LLC disclaims all responsibility and liability for the decisions you ultimately make and the direct or indirect consequences and results of your decisions, including decisions you make based on incomplete, incorrect, or unavailable information; decisions made regarding properties or things with unhealthy conditions or defects, known or unknown; or decisions that are made based on inaccurate, incomplete, or incorrect information provided by other professionals, individuals, or entities.

You agree to hold Insight Dynamics, LLC and Jessica Thayer harmless and indemnify and defend them from any and all losses and/or liability that may arise in any way from your working relationship with them.

### **Fee Policies and Cancellation Policy**

Insight Dynamics, LLC bills by the hour, in quarter hour increments, at a rate of \$150 an hour. At any one time, Insight Dynamics, LLC may have several clients who are seen on a sliding scale, so please inquire about that option if you cannot afford the full fee. Payment for the first session is due in advance of the session. All checks should be payable to Insight Dynamics, LLC. After that, you will be billed monthly, unless you prefer to pay by the session. Payment may be made by check or through PayPal.

If you cancel a session less than 24 hours before the scheduled time, Insight Dynamics, LLC will charge you for that session. In addition, Insight Dynamics, LLC reserves the right to cancel your session if payment for the session has not been received at least 48 hours before the scheduled session time.

### **Miscellaneous Provisions about Working Together**

In the event of extreme weather, it will always be best to leave a voicemail if you have to change an appointment at the last minute. You can also send an e-mail, but voicemail is more reliable in the event of a power outage.

At any time during this work, either party is free to terminate the working relationship, with or without cause. In the event the working relationship is terminated, you will remain responsible for paying any outstanding fees and expenses.

The services and the content of this website are the sole and exclusive property of Insight Dynamics, LLC, or are utilized and provided with the permission of the owner(s) thereof. Insight Dynamics, LLC grants you a personal, limited, revocable, non-sublicensable license to access and use this website. You may only use this Site only for your own personal, lawful, non-commercial purposes and you agree not to use this Site for any unlawful purposes or illegal activities.

All services will be provided, and will be deemed to have been provided, within the Commonwealth of Virginia regardless of where you are located. These Terms of Service will be governed by and construed in accordance with the laws of the Commonwealth of Virginia, without regard to conflict of laws principles of any jurisdiction. You hereby irrevocably consent to the exclusive personal jurisdiction and venue of any state or federal court located in the City of Charlottesville, Virginia with respect to all disputes arising out of your relationship with Insight Dynamics, LLC.

#### **Privacy Policy**

We may collect information about you when you use this website that we believe reasonably necessary to facilitate your use of this website and/or the services, to ensure compliance with these Terms of Service, to investigate breaches of the Terms of Service, or to protect or operate our networks, data, software, legal interests, business interests, or property rights. In connection with your use of the services or subsequent appointments for services, we may ask you to provide additional personal information, which you can submit by e-mail. Your name, personal information, and e-mail address will never be used for any purpose of solicitation.

#### **Security**

Although we will use reasonable security measures with the operation of this website and the storage of your personal information, we cannot guarantee that your personal information will not be intercepted by third parties. We do not encrypt any information, including your personal information, that we may send to you by e-mail, and that such e-mails may be intercepted or accessed by third parties or may be transmitted by us to third parties in error. You expressly consent to us sending you your personal information by e-mail. You release us from all responsibility and liability relating to the inadvertent, unintended or accidental disclosure of any information, including your personal information, contained in e-mails that are sent by you to us and/or from us to you.

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